

NEW
from Res-Q

Magnesium...

The Essential Mineral

The Benefits of Magnesium

A lack of magnesium underlies our epidemic of heart disease, high blood pressure, diabetes and osteoporosis, says Lawrence Resnick, M.D., a professor of medicine at Cornell Medical Center.¹

The benefits of magnesium are vast, from lowering overall blood pressure to keeping the blood in your heart pumping smoother and even reducing arrhythmias.² Magnesium's main objective is to activate different enzyme reactions so as to maintain cells' mineral balance.

That's why taking Res-Q[®] Mg is essential. Res-Q[®] Mg has 125% of the daily, recommended dosage of magnesium.



¹ Source: USA Weekend

² Source: USA Weekend

Marilyn from East Meadow, NY writes...

"My blood pressure medication was not getting my blood pressure down to where I wanted it to be. My doctor suggested that I take a magnesium supplement along with my medication. Since adding Res-Q Mg. to my daily regimen, my blood pressure has been down to a normal level. This is a great product!"

Call to find out how to get your

FREE 1 MONTH SUPPLY

Res-Q[®]

1-800-26-ALIVE
visit www.n3inc.com