

**Suggested Use:** Adults take 1-3 caplets with meals or as recommended by your health care professional.

**Res-Q<sup>®</sup> Mg** magnesium is one of the most important minerals for the support of heart health. **Res-Q<sup>®</sup> Mg** provides magnesium essential for many functions of the body, and vital to general health. For your cardiovascular health, **Res-Q<sup>®</sup> Mg** is an important part of your natural regimen and is recommended to be used in combination with other **Res-Q<sup>®</sup>** products. \*

\* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

It is recommended that a physician be consulted before taking any supplements.

**Res-Q<sup>®</sup> Mg's** registered formula is manufactured in the USA exclusively for: **N3 Oceanic Inc.** Palm Industrial Center, 1862A Tollgate Rd., Palm, PA 18070-1218  
Phone: 1-800-26-ALIVE (262-5483) [www.n3inc.com](http://www.n3inc.com)

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TAMPER RESISTANT- DO NOT USE IF SEAL UNDER CAP IS MISSING OR BROKEN.

# Res-Q<sup>®</sup>

Dietary supplement

# Mg



**ADVANCED HEART HEALTHY  
MAGNESIUM SUPPLEMENT**

60 Caplets

## Supplement Facts

Serving Size 1 Caplet

	Amount Per Serving	% Daily Value
<b>Magnesium</b> (as magnesium oxide, citrate and glycinate)	500 mg	125%

**Other ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica and Pharmaceutical glaze.

Keep out of reach of children.

Store at 15-30°C (59-86°F).

Protect from heat, light and moisture.