

**Suggested Use:** Shake well.  
Take 2 ml, 10 -15 minutes before  
bedtime. May be taken alone or  
mixed with your favorite beverage.

**WARNING: KEEP OUT OF REACH  
OF CHILDREN.** Pregnant or nursing women,  
persons under the age of 18 and anyone  
taking prescription medications should  
consult a doctor before using any product.

These statements have not been evaluated by  
the FDA. This product is not intended to  
diagnose, treat, cure, or prevent any disease.

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To Re-Order, call:  
1-800-26-ALIVE (262-5483) or visit  
[www.n3inc.com](http://www.n3inc.com)

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Product Number SLP01 Rev. 4/06

# Res-Q<sup>®</sup>

Dietary supplement

# SLEEP

**PRESCRIPTION-FREE  
LIQUID HERBAL  
SLEEP AID**

60 ml

## Supplement Facts

Serving Size: 2 ml  
Servings per container: 30

	Amount Per Serving	% Daily Value
<b>Proprietary Sleep Complex</b> 260 mg		
<i>Griffonia simplicifolia</i> (5-Hydroxy-Tryptophan)		†
Melatonin		†
Valerian ( <i>Valeriana officinalis</i> ) Powder		†
Chamomile ( <i>Matricaria recutita</i> ) Powder		†
Skullcap ( <i>Scutellaria lateriflora</i> )		†

Not a significant source of Saturated  
Fat, Sodium, Cholesterol,  
Carbohydrates, Sugars, or Dietary Fiber

\* Percent Daily Value based on a 2000  
calorie diet. † Daily Value not established.

Other Ingredients: Purified Water,  
Propylene Glycol, Sorbitol, Sodium  
Benzoate, Glycerin, Proprietary Flavor  
Blend, Potassium Sorbate.