

Suggested Use: Adults take 2 caplets 10-15 minutes before bedtime.

Res-Q® Sleep contains gentle herbal ingredients that have been scientifically proven to relieve stress, ease anxiety, calm a nervous stomach, relax muscles and improve sleep quality. **Res-Q® Sleep** may be used in combination with other **Res-Q®** products.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Pregnant or nursing women, persons under the age of 18 and anyone taking prescription medications should consult a doctor before using any product. It is recommended that a physician be consulted before taking any supplements.

Res-Q® Sleep is a registered formula manufactured in the USA exclusively for: **N3 Oceanic, Inc. Palm Industrial Center, 1862A Tollgate Rd., Palm, PA 18070-1218**

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Res-Q®

dietary supplement

SLEEP

prescription-free
herbal sleep aid†

30 caplets

Supplement Facts

Serving Size: 2 caplets

	Amount Per Serving
Melatonin	6 mg *
Proprietary herbal blend:	500 mg *
Valerian root standardized extract, 5-HTP (from <i>Griffonia simplicifolia</i> seeds), chamomile flower standardized extract and Baical skullcap root standardized extract.	

* Daily value not established

Other ingredients: dicalcium phosphate, microcrystalline cellulose, vanillin, croscarmellose sodium, stearic acid, hypromellose, hydroxypropyl cellulose, magnesium stearate, silica, titanium dioxide and propylene glycol.

TAMPER RESISTANT- DO NOT USE IF SEAL UNDER CAP IS MISSING OR BROKEN.